



Nursery Transition 22/23

CAMBUSLANG & RUTHERGLEN LOCALITY

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South Lanarkshire Active Schools is a Sport & Physical Activity Team within
Development Services of South Lanarkshire Leisure & Culture

Introduction

Active Schools is a sportscotland led programme designed to encourage children and young people to become More Active, More Often and in More Places.

The Active Schools team in South Lanarkshire aim to provide more and higher quality opportunities to participate in sport within schools and by strengthening partnerships with clubs and other community organisations to support 'pathways' for pupils to continue their participation in sport outwith school.

Make sure to 'follow' our Active Schools team on Twitter:
@ActiveSchoolsSL



We aim to increase activity levels of children and young people by:

- Ensuring there are more and higher quality opportunities to participate in sport within schools.
- Increasing capacity through the recruitment and support of volunteers to deliver the activity sessions in schools.
- Motivating and inspiring young people to participate in sport.

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South Lanarkshire Leisure and Culture Ltd is a recognised Scottish Charity, No. SC032549

Frequently Asked Questions

What is Active Schools?

Active Schools is a national programme funded by sportscotland, the National Agency for sport, delivered in all 32 Local Authority areas and sits within the Active Scotland division of the Scottish Government. The programme is designed to get More People, More Active, More Often and in More Places through the delivery of extra-curricular sport & physical activity opportunities (before-school, lunchtime and afterschool).

What will an Active Schools club look like for my child in Primary 1?

Sport & Physical activity opportunities offered to Primary One pupils will vary depending on the needs of each respective school. In most cases, Primary One pupils will be offered the opportunity to participate in a block of Multi-Sport sessions between October - December. The duration of this block will vary from school to school due to class sizes. These sessions will allow children to explore a range of fun activities that work on a range of transferable skills and movement patterns.

Between January - June (terms 2 and 3) pupils may, in addition to attending Multi-Sport sessions, be offered the opportunity to participate in more sport specific clubs such as mini kickers (football), dodgeball, basketball and more.

What is the role of an Active Schools Coordinator?



- **Active Schools Coordinators work with Primary, Secondary and Additional Support Needs Schools** to increase the number and diversity of children and young people participating in Active Schools activities.

Active Schools Coordinators also have a key role in developing a network of volunteers to deliver activity sessions. These volunteers consist of teachers, parents, school staff, students, sports coaches and senior pupils who are central to the success of Active Schools.

Ultimately, our Active Schools Coordinators aim to provide more and higher quality opportunities for children and young people to take part in sport and physical activity before school, during lunchtime and after school, and to develop effective pathways between schools and sports clubs in the local community.

We have three Active Schools Coordinators working in the Cambuslang and Rutherglen Locality, covering the Educational Establishments within the Cathkin, Trinity and Stonelaw Learning Communities.

Our Annual Impact in South Lanarkshire



Activity Sessions: 19,609



Activity Visits: 391,952



Activity Blocks: 2,673



Participants: 21,158



Different Activities: 64



Deliverers: 1,209



% are Volunteers: 97%



External Club Links: 1,012

Our Active Schools Coordinators



Josh Anderson

Active Schools Coordinator
Stonelaw Learning Community

josh.anderson@southlanarkshireleisure.co.uk
07795455323

6

Josh's Schools:



- Stonelaw High School
- Bankhead Primary School
- Burgh Primary School
- Burnside Primary School
- Calderwood Primary School
- James Aiton Primary School
- Park View Primary School
- Spittal Primary School

Josh's Welcome Message:

"A warm welcome to all of the children making their transition to Primary One at one of the Educational Establishments within the Stonelaw Learning Community. I look forward to meeting you all and working with your class teacher to support you in nurturing a passion for sport & physical activity."

Our Active Schools Coordinators



Tony Gilhooly

Active Schools Coordinator
Cathkin Learning Community

tony.gilhooly@southlanarkshireleisure.co.uk
07795453165

Tony's Schools:

- Cathkin High School
- Rutherglen High School
- Cathkin Primary School
- Cairns Primary School
- Hallside Primary School
- Loch Primary School
- West Coats Primary School

Tony's Welcome Message:

"Greetings everyone and welcome to Primary 1! I look forward to meeting and supporting your children over the next few years, helping them experience new and exciting sports, events and physical activities by supplying opportunities both in school and in the local community."

Our Active Schools Coordinators



Carina Sheldon

Active Schools Coordinator

Trinity Learning Community

carina.sheldon@southlanarkshireleisure.co.uk

07795455324

8

Carina's Schools:



- Trinity High School
- St Anthony's High School
- St Bride's Primary School
- St Cadoc's Primary School
- St Charles' Primary School
- St Columbkille's Primary School
- St Mark's Primary School

Carina's Welcome Message:

"Welcome to Primary One in Trinity Learning Community, I wish your child all the best as they begin their Primary School journey. I am looking forward to supporting them as they explore areas of Sport & Physical Activity. My main focus is to work with the schools to provide opportunities which will encourage and inspire them and their families to enjoy leading an active lifestyle!"

Our Mascot - Leaping Leo

Leaping Leo is the official Mascot of South Lanarkshire Active Schools and he is on a mission to get More People, More Active, More Often and in More Places!

From Leaping Leo working with all Active Schools Coordinators to encourage children & young people to attend activity clubs, supporting young people to become volunteer leaders, or generally promoting broader sport & physical activity opportunities, it is likely that your child will meet Leaping Leo at an Active Schools event in the future!



Volunteer with Active Schools

South Lanarkshire Active Schools is always looking to recruit more volunteers who can support our Active Schools Coordinators in getting More People, More Active, More Often and in More Places.

Who can be involved?

Anyone over the age of 16 who is enthusiastic about sport & physical activity!

How much time do I need to give?

From just 1 hour per week, short or long term.

What can I do?

Volunteer roles include coaching, assisting, refereeing, event stewarding and more!

When?

Before school, lunchtime or after school. We will work out a timetable that suits you!

Where?

Primary, Secondary or ASN Schools

Who do I contact?

For schools within the Stonelaw Learning Community:

josh.anderson@southlanarkshireleisure.co.uk

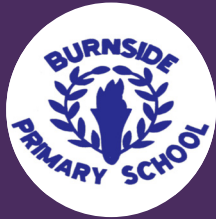
For schools within the Cathkin Learning Community:

tony.gilhooly@southlanarkshireleisure.co.uk

For schools within the Trinity Learning Community:

carina.sheldon@southlanarkshireleisure.co.uk

Testimonials



Helen McGarvey - Headteacher, Burnside Primary School

"Burnside Primary is delighted to have built an extremely strong relationship with Active Schools over time. The opportunities available for pupil activities, staff training and more really benefit our pupils. We're able to work in close partnership with Josh, our Active Schools Coordinator, to provide all possible opportunities which promote healthy and active lifestyles for pupils throughout their time at school. The positive impact for our learners is clear year upon year, thanks to Active Schools."



Gillian Broadfoot - Principal Teacher, Cairns Primary School

"Cairns Primary School have worked closely with the Active Schools team for a number of years, collaborating on several projects and initiatives including staff CPD, in-class training, Sports Days and Health Weeks. The team are always on hand to give advice on how to deliver specific aspects of sport to our mainstream and ASN classes as well as supplementing resources and equipment where possible. We have an excellent working relationship with our Active Schools Coordinator, Tony, who at the beginning of the year contacts the school to create an overview of our 'sporting year'. Tony has supported us on our journey to gaining our Gold Sports Award and acts as a liasion, helping us build new relationships between the school and clubs on offer in our local community"

Testimonials



Chris Wedlock - Principal Teacher, St Columbkille's Primary School

"Active Schools are a key partner in supporting and developing your child's physical and mental wellbeing while at school. They deliver innovative and engaging learning experiences, often providing pupils with opportunities to explore new sports and exercises which they have not yet discovered. Within our school we welcome Active Schools in at every opportunity as we know that it will be a positive and enjoyable learning opportunity for our pupils."



Campbell McKissock - Principal Teacher, Park View Primary School

"We have a really positive, supportive partnership with Active Schools. We have a strong commitment to both PE as part of the curriculum, and also to providing 'sporting' extra-curricular activities. The support from Active Schools in training staff and pupils to lead physical activities and in supporting extra-curricular activities both during and after the school day has been invaluable."



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SOUTH LANARKSHIRE
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